

Nahant Little League

(Est. 1953)

Rundown

Issue 6, Winter 2008
NLL Newsletter

balk (bôk) [Pronunciation Key](#)

v. balked, balk·ing, balks

n. A hindrance, check, or defeat. *Sports* An incomplete or misleading motion, especially an illegal move made by a baseball pitcher.

President's Report By Dave Doyle

You may have noticed many changes in the NLL over the past 3 years. Extensive facility improvements, new levels of play, inter league play in 3-levels with Swampscott, coaches clinics, innovative fund raising, the list goes on. All of these improvements were made while Joe Marini served as president of the Nahant Little League Board of Directors. All Nahant Little Leaguers have benefited from Joe's commitment, energy, passion and baseball knowledge. Joe has decided to step down as president this year and I have the honor of trying to fill his shoes. My name is David Doyle and I've been involved with the NLL for 8 years as a coach, manager and a member Board of Directors. I will do my best to continue the forward progress that Joe initiated. I feel very fortunate to have the support of a very energetic Board. I would like to welcome two new members to the BOD. They are Sherri McDermott and Marc Reenstierna. Among other tasks, the two new members agreed to fill two very important positions. Sheri has agreed to be the secretary and Marc will be the player agent. As we welcome new members, we must say good-bye to old ones. Sherri and Marc will be replacing Sean Dignan and Doug Frauenholz. Although Sean and Doug will still be involved with NLL, they decided not to continue on as BOD members due to the time commitment involved.

Thanks guys for all of your help. Please keep in mind that, like Sean and Doug, you don't have to be on the Board of Directors to help out. We are always looking for volunteers to sit on committees, help out with fundraising, coaching, field maintenance and many other tasks necessary to keep the league running smooth. Please contact a member of the board if you would like to get involved.

The Nahant Little League Board of Directors would like to wish all of the little leaguers and their families a happy and healthy 2008!

Mark your Calendars! Important Little League Dates

Date	Event
For Current Info	Available at Nahantll.org for Updated Dates, Times & Locations
2/10	Tryouts, Lynn Tech Field House 12:00 to 3:00
2/18	School Vacation Week
3/29 3/30	Field Clean Up
4/26	Opening Day Majors & Minors
5/3/08	Parade & Opening Day For A Farm, B Farm & Clinic
5/10/08	Picture Day(tentative)
5/10/08	Parade Rain Date
6/7/08	Car Wash
6/21/08	End of Year Cookout (tentative)

Field Clean Up Day

Everyone Welcome!
March 29, 2008

Arrive 8:30 a.m.
at the field
Bring a Rake...
And Lots of Energy!

2007 Season Re-cap Nahant All-Stars

Last season, our Nahant LL all-star squad completed their most successful District 16 tournament appearance in seven years, compiling a record of two wins and two losses (the victories were our first since 2000). After defeating Pine Hill in the first game and losing to Saugus Nationals in Game 2, our boys prevailed over a talented West Lynn American squad 8-3 in their third game of the tourney. This win set up an exciting confrontation with our regular season rivals from Swampscott. After leading 2-0, we fell behind after Swampscott was able to plate three runs in their half of the 4th inning. Despite our attempts to mount a come back, Swampscott was able to hold on for a hard fought 3-2 win. The heartbreaking loss eliminated Nahant from the tournament, but not before the players earned the respect of all of their opponents. With only two graduating 12-year olds on the team, our returning nucleus of eight 11-years old hopes to build on their recent success in next year's tourney. The team's coaches and players wish to thank all of our fans for their support. Players on the team were:

Matt Bonazzoli, Corey Carmody, Lincoln Collins, Jesse Haynes-Lewis, Thanasi Kourkoulis, Danny Marini, Tyler Peterson, Matt Ryan, Steven Scaglione, and Tyler Scaglione. The team was managed by Eric Peterson and coached by Joe Marini.

COMMUNICATIONS

Please listen to the main number for league announcements.

Coaches are able to leave messages, meeting notices and other information on this system. This service is available 24 hours a day. Follow instructions below to access the system.

Player's/Parent's instructions for listening to Nahant Little League's Hot Line Announcements:

- 1) Dial 1-877-3SD-TEAM (1-877-373-8326).
- 2) Upon hearing the tone, dial your four digit extension (see below).
- 3) Listen to the announcement.

**Nahant Little League Hot Line
Extensions to be announced
Spring 08.**

Administration
(league-wide messages) – 8950

NLL
PARENT
VOLUNTEERS
Always Welcome,
Always Needed

Contact Sherri McDermott

NLL BULLETIN BOARD

*****NLL HOODIES** For Sale**

*Kristin Carmody will be taking
orders for Nahant Baseball
Hooded Sweatshirts,
which are new this year.*

Great Quality New Design

*Sample sizes will be available for
try-on at tryouts on February 10th.
If you are not attending tryouts, call
Kristin ASAP if you are interested
in ordering a sweatshirt.*

2007/08

NLL Board of Directors

Dave Doyle, President
Joe Marini, Vice President
Jim Devereaux, Treasurer
Sherri McDermott, Secretary
Kevin Nugent
Eric Peterson
Vinnie Bonozzoli
Kristin Carmody
Marc Carbone
Chuck DiGrande
Ken Leblanc
John Fulghum
Marc Reenstierna
Kathy Ryan

**NLL is always
seeking volunteers
to help with
fundraising, field
help and other
committees.**

**Please contact a
board member if
you would like to
become
a NLL volunteer.**

**ATTENTION LOCAL
BUSINESSES
OPENING DAY
PROGRAM BOOK
ADVERTISEMENT
OPPORTUNITY**

**Contact
Chuck Digrande**

Nahant Little League Fundraising Update

Fundraising Calendars:

We are once again distributing calendars with Registration Packages. Remember, the Mass Daily Number will dictate the winners of the NLL Lottery Calendar Fundraiser during May and June. If the first 3 numbers of the Daily Number exactly match the number on your calendar, you win the prize for that day. If you have sold your calendars to others or given them as gifts, be sure to let me know the donor's/gift recipient's name, address, phone number, and corresponding lottery calendar number, so that NLL can pay the rightful winner directly.

The deadline for submitting this information is 4/15/08. Feel free to email me at erinandchuck@yahoo.com, or drop off your envelope at 47 Willow Rd. Good Luck!

-Chuck DiGrande

A Note from the Treasurer Jim Devereaux

Fundraising continues to play an important role in improving the baseball experience for our players and Nahant Little League. Over the past several years, these efforts have resulted in numerous improvements including additional fencing, new dugouts, field alterations and improvements, a new scoreboard, new and improved backstops, additional stands, and many others. The entire complex has been transformed and this has been made possible only through fundraising efforts. Operating the league has been a break-even proposition hence the various fundraising campaigns including candy sales, program book advertisements, sticker drives, car washes, and Nahant. The NLL Lottery Calendars, have resulted in very impressive results to the benefit of our players. Thank you for your support!

Jim

Swingin into Spring

Eric Peterson
NLL Coaching Coordinator

2007. What a year for baseball here in Nahant. We had great participation from players and coaches at the developmental levels. Our Nahant Minor-league team took home the Championship trophy, victorious in their inter-town playoff quest within the Swampscott schedule. With tremendous support from parents, the Nahant All-Star team not only delivered its first victory since 1999, but added a second win in the 2007 tournament as a harbinger of what we can expect in 2008. And let's not forget that our Boston Red Sox captured their second World Series title in four years. As the calendar turns to 2008, and the Sox equipment truck goes through its final inspection before heading off to Fort Myers, we can't help but to peek ahead in our minds to the sights, smells and sounds of baseball season.

As fans of baseball we can bask in the sensations and nostalgia of the game, but players know that the Little League season is a short one, and some off-season preparation can help to create an even more memorable experience on the diamond.

Hitting a baseball has been deemed as the most difficult thing to do in all of sports. It becomes even more difficult when a player walks onto the field in April, having not so much as picked up a bat in seven months. One of the most important components of successful hitting is finding successful mechanics, and then repeating them until those mechanics are locked into your muscle memory. There are countless simple drills that can be performed in the backyard that don't require fancy equipment; just a bat, a ball and a fence (and maybe a friend, if you want to play a little soft toss). There are also products you can purchase at the local sporting goods store and training DVDs that help focus on certain aspects of your swing and keep things interesting. If nothing else, the one thing a player should do is what all hitters must do: Pick up a bat and swing it! How simple and quick would it be to swing a bat 100 times per day? 25 swings with both hands. 25 swings with the bottom hand only. 25 swings with the top hand only, and finish with 25 swings with both hands. And voila! You are putting yourself in a position to be ready when that first pitch comes in from the mound in April!

Swinging a bat throughout the off- season is something that even the big-leaguers do. It not only promotes muscle memory of good hitting mechanics, but it also builds strength in the wrists, forearms and core muscles, all of which are vital contributors to an effective swing. If you'd like some drills or helpful hints to get yourself ready for the 2008 season, just reach out to a Nahant Little League coach. We're always eager to help an ambitious player to improve.

Show Your Pride...Wear the Gear!!!!



Nahant Baseball Merchandise

Jackets
T-Shirts
Hats

For more information, contact Kristin Carmody (781)-596-0297.
As always, thanks for supporting Nahant Little League

2007 Nahant All-Star Team and Coaching Staff



Back: Jay Ryan, Matt Ryan, Joe Marini,
Eric Peterson, Kevin Carmody, Lincoln Collins
Front: Ted Lewis, Tyler Scaglione, Jesse Haynes-Lewis,
Tyler Peterson, Danny Marini, Thanasi Kourkoulis,
Steven Scaglione, Matt Bonnozoli and Corey Carmody

Photo by Lisa Doyle of D&K